

Club Rehab's 2nd Annual **'OHANA FUN RUN** *Saturday, July 9, 2016*

Race Details

START TIME: Saturday,
July 9, 2016 at 7:00 a.m.

COURSE: Out & back on Ali'i Dr.
Start/Finish at The Royal Kona Resort

REGISTRATION: Drop off registration at either Big Island
Running Company locations or either Club Rehab locations

Mail to: 75-5699 Kopiko St. Kailua Kona, Hi. 96740

Questions call: 808-329-7744

ONLINE registration closes midnight 7/4/2016

Register Online: www.flpreregister.com/194

Couch to 5k

No prior running experience necessary

Group runs meet at Big Island Running
Company on Alii Drive (Coconut Grove)
at 5PM Tuesday and Thursday and 6:30AM
Saturday.

Schedule can also be completed on your
own if group run times don't work (although
runs with the group are encouraged!)

Hotel Reservations

When making reservations for The Royal
Kona Resort, please call our Central reser-
vation at 800-22-ALOHA (800-222-5642) and
mention your group name Club Rehab 5K.

*Enjoy spacious guestrooms featuring large
lanais with beautiful mountain or ocean
views, and award-winning dining at Don the
Beachcomber Restaurant & Mai Tai Bar.*

More Information at clubrehabhawaii.com/Ohana-5k-2016

Club Rehab's 2nd Annual
'Ohana 5K



Saturday
July 9, 2016

DETAILS: Club Rehab's 2nd Annual 'Ohana 5K
START TIME: 7:00 a.m.
COURSE: Out & back on Alii Drive, Start/Finish at The Royal Kona Resort

AWARDS:

- Top 2 Male & Female overall
- Top 2 Age division (10 year age divisions)
- First stroller finisher

Award presentation at the Coconut Grove at The Royal Kona Resort at 8:15 am

REGISTRATION:

Adults 18 & older

\$25 before June 9th

\$30 June 9th-July 8th

\$35 Day of race

Children 0-17

\$10 before race day

\$12 Day of race

All entry fees are non-refundable and non-transferable

PACKET PICK UP:

Friday July 8th 8am-4pm at Big Island Running Company
Register by 6/15/16 to be guaranteed a shirt.

For hotel reservations:

When making reservations at The Royal Kona Resort, please call our Central reservation at 800-22-ALOHA (800-222-5642) and mention **Club Rehab's Ohana 5K**.

REGISTRATION:

Drop off registration at either Big Island Running Company locations or either Club Rehab locations

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<https://www.flpreister.com/194>

First Name:

Last Name:

Male/ Female

Birth date:

Email:

Address:

Age on race day:

Phone:

Race day emergency contact name/phone:

Child's shirt size:

Men's shirt size:

() S () M () L

() S () M () L () XL (2XL)

Women's shirt size:

Entry Fee Enclosed:

() S () M () L () XL (2XL)

Register by June 15th to guarantee shirt

I want to participate in:

() Age division () Stroller

I am participating in the Club Rehab's Ohana 5K and I agree to comply with the rules, regulations and event instructions. I understand that participating in a road race is a potentially hazardous activity and can result in serious injury or death. I am aware of and I expressly assume all inherent risks associated with participating in this event, including but not limited to: falls, contact with other participants and objects, the effect of weather, including heat and humidity, traffic and the conditions on the road. In consideration of your accepting this entry, I for myself and anyone entitled to act on my behalf waive and release any and all claims for injuries and damages I may have against Club Rehab, Club Rehab employees, officers, sponsors, volunteers of State of Hawaii, county of Hawaii, caused by the negligence of any of them arising out of my participation in this event, including pre and post race activities. I attest that I am physically fit and have sufficiently trained for completion of this event. I consent to receive medical treatment which may be advisable in the event of illness or injuries suffered by me during this event and I agree to pay for the costs of my medical treatment. I give permission for the free use of my name, voice or picture in any broadcast, telecast, advertising promotion or other account of this event. I agree that electronic submission of this application constitutes agreement to all the terms of this waiver and release statement. I understand that any and all fees paid by me in association with this event are non-refundable and non transferable. I permit the use of my contact information by Club Rehab, its sponsored events and sponsors.

Signature: (if under 18 years old, parent or guardian please sign and print your name)

Date: