

Get on track!!

Club Rehab's 1st Annual 'Ohana Run/Walk Race



July 5, 2015

Proceeds from the event will be donated by
Club Rehab to help support the
Mauka Lani Christian Academy Athletic Department.

DETAILS: The 1st Annual Club Rehab
"Get on Track" – Kailua Kona

5K Ohana run/walk! **Start time:** 7:00 a.m.

COURSE: Out & back on Alii Drive, Start/Finish at
Hale Halawai

AWARDS:

- Top 2 Male & Female overall
- Top 2 Age division (10 year age divisions)
- First stroller finisher
- First Female/Male Kupuna
- Youngest Keiki (not in stroller)
- Ohana – Most family members to finish!

Award presentation at the Hoopomaikai Health and Nutrition
Fair at 8:15 a.m.

REGISTRATION:

Adults 18 & older

\$25 (THRU 6/1)

\$30 (6/2-7/4)

\$35 Day of race

Children 0-17

\$10 (5/30-7/4)

\$12 Day of race

All entry fees are non-refundable and non transferable

PACKET PICK UP:

Friday July 3rd 8AM-4PM at Big Island Running Company

Drop off registration at either Big Island Running Company locations or
either Club Rehab locations
Mail to: 75-5699 Kopiko St.
Kailua Kona, Hi. 96740
Questions call: 808-329-7744 (fax) 334-1608

First Name:

Last Name:

Male/ Female

Birth date:

Email:

Address:

Age on race day:

Phone:

Race day emergency contact:

Child's shirt size:

Men's T-shirt size:

() S () M () L

() S () M () L () XL (2XL)

Women's shirt size:

Entry Fee Enclosed:

() S () M () L () XL (2XL)

Register by June 15th to guarantee shirt

I want to participate in:

() Age division () Stroller () Kupuna

() Youngest Keiki- not in stroller () Ohana _____

I am participating in the Club Rehab's Get on Track Ohana Family Run/Walk 5K race and I agree to comply with the rules, regulations and event instructions. I understand that participating in a road race is a potentially hazardous activity and can result in serious injury or death. I am aware of and I expressly assume all inherent risks associated with participating in this event, including but not limited to: falls, contact with other participants and objects, the effect of weather, including heat and humidity, traffic and the conditions on the road. In consideration of your accepting this entry, I for myself and anyone entitled to act on my behalf waive and release from any and all claims for injuries and damages I may have against Club Rehab, Club Rehab employees, officers, sponsors, volunteers State of Hawaii, county of Hawaii, the United States of America, caused by the negligence of any of them arising out of my participation in this event, including pre and post race activities. I attest that I am physically fit and have sufficiently trained for completion of this event. I consent to receive medical treatment which may be advisable in the event of illness or injuries suffered by me during this event and I agree to pay for the costs of my medical treatment. I give permission for the free use of my name, voice or picture in any broadcast, telecast, advertising promotion or other account of this event. I agree that electronic submission of this application constitutes agreement to all the terms of this waiver and release statement. I understand that any and all fees paid by me in association with this event are non-refundable and non transferable. I permit the use of my contact information by Club Rehab, its sponsored events and

Signature: (if under 18 years old, parent or guardian please sign and print your name) Date: